Coaching-in-action

“It is the adaptability, creativity and innovation within an organisation that gives it a competitive edge. This comes from within each individual, so building effective coaching skills leverages an organisation’s human capital toward the business objectives.” – Peter Smith

Program Overview

This course will provide participants with the knowledge and skills to effectively conduct a coaching relationship with people in a professional or personal capacity. Participants will be given a thorough background in coaching methodology and the psychology of behavioural change and motivation will be understood in the context of your business and organisation’s objectives. Participants will be constantly coached during the course and practice coaching case studies with each other throughout.

Key Benefits

Participants will be able to:
- Understand the elements of behavioural change and, through coaching, engineer the results key staff are required to produce
- Learn the 5 steps to structure any coaching conversation; formal or informal
- Build awareness and knowledge of strategic coaching and timing of interventions.
- Learn how to measure the 5c’s of any coaching relationship
- Learn the skills of self-awareness and emotional intelligence required in coaching.

Who Should Attend?

This program is for managers and team leaders who seek a more committed and results-focused team.

Key Competencies
- Cognitive behavioural change strategies
- Coaching intervention techniques
- Informal coaching tools
- Measuring coaching programs
- How to structure a coaching session
- Rolling out a coaching program

<table>
<thead>
<tr>
<th>Duration</th>
<th>Minimum</th>
<th>Pricing</th>
<th>Facilitated by</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 day</td>
<td>We reserve the right to reschedule this course if minimum numbers of 8 are not achieved to ensure maximum participation. Guaranteed confirmation will be given seven days out from this event.</td>
<td>$825.00 per/ person</td>
<td>Peter Smith</td>
</tr>
</tbody>
</table>